



News Release

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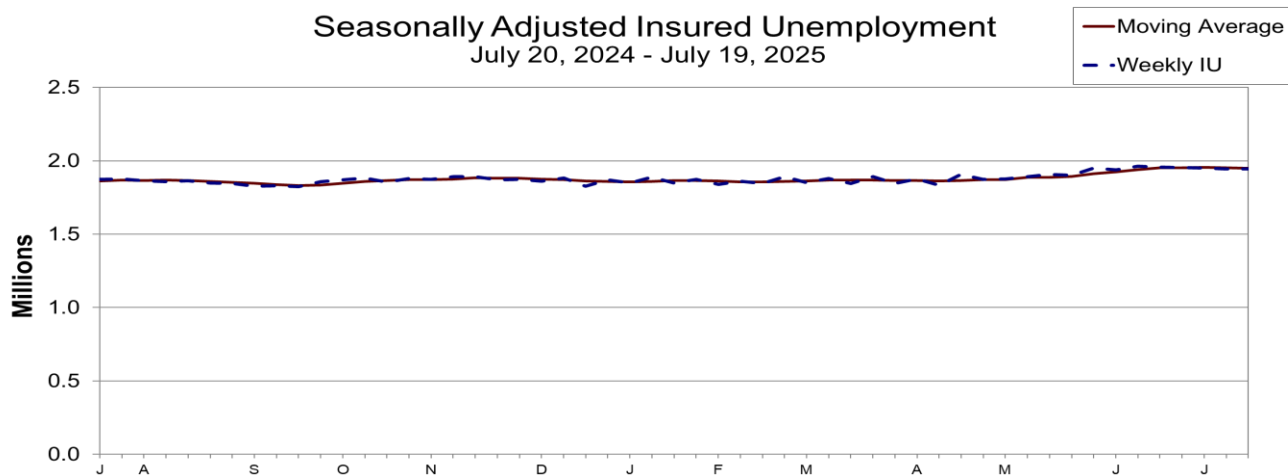
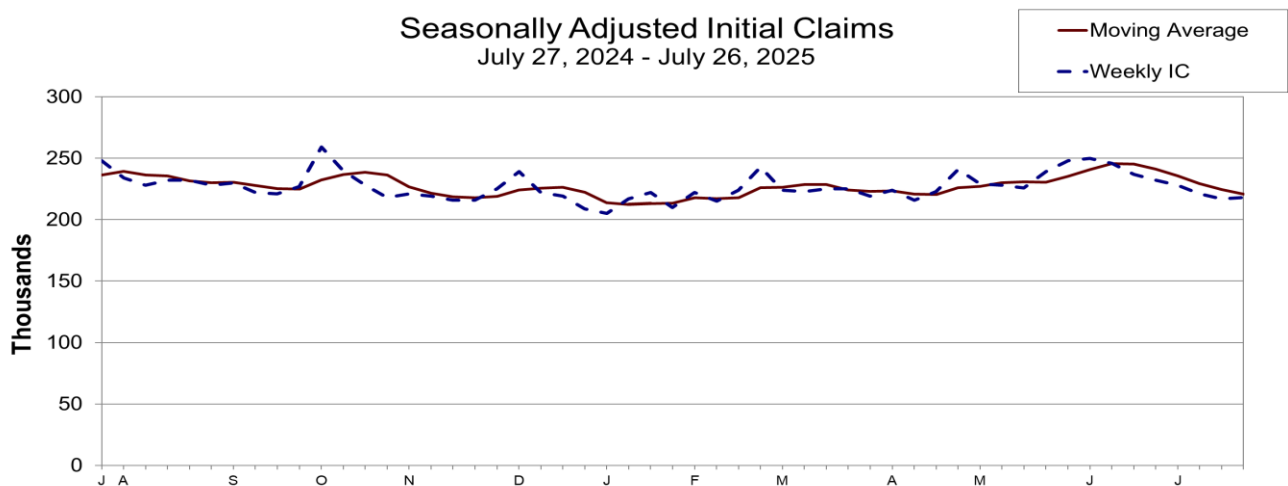
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8:30 A.M. (Eastern) Thursday, July 31, 2025

UNEMPLOYMENT INSURANCE WEEKLY CLAIMS

SEASONALLY ADJUSTED DATA

In the week ending July 26, the advance figure for seasonally adjusted **initial claims** was 218,000, an increase of 1,000 from the previous week's unrevised level of 217,000. The 4-week moving average was 221,000, a decrease of 3,500 from the previous week's unrevised average of 224,500.

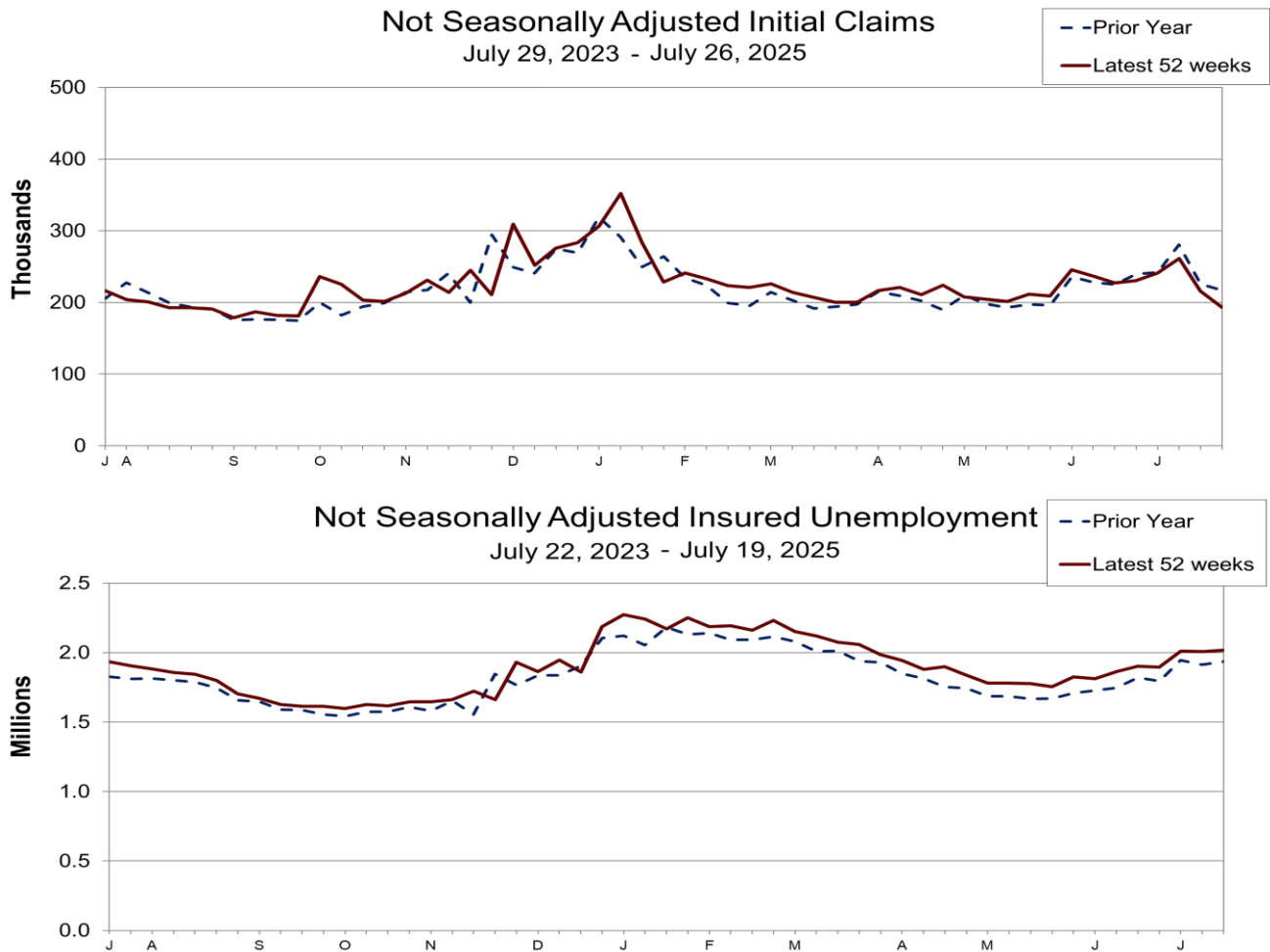
The advance seasonally adjusted **insured unemployment rate** was 1.3 percent for the week ending July 19, unchanged from the previous week's unrevised rate. The advance number for seasonally adjusted **insured unemployment** during the week ending July 19 was 1,946,000, unchanged from the previous week's revised level. The previous week's level was revised down by 9,000 from 1,955,000 to 1,946,000. The 4-week moving average was 1,949,250, a decrease of 2,500 from the previous week's revised average. The previous week's average was revised down by 2,250 from 1,954,000 to 1,951,750.



UNADJUSTED DATA

The advance number of actual initial claims under state programs, unadjusted, totaled 193,119 in the week ending July 26, a decrease of 22,904 (or -10.6 percent) from the previous week. The seasonal factors had expected a decrease of 24,075 (or -11.1 percent) from the previous week. There were 216,643 initial claims in the comparable week in 2024.

The advance unadjusted insured unemployment rate was 1.3 percent during the week ending July 19, unchanged from the prior week. The advance unadjusted level of insured unemployment in state programs totaled 2,015,675, an increase of 9,072 (or 0.5 percent) from the preceding week. The seasonal factors had expected an increase of 9,731 (or 0.5 percent) from the previous week. A year earlier the rate was 1.3 percent and the volume was 1,934,409.



The total number of continued weeks claimed for benefits in all programs for the week ending July 12 was 2,037,414, a decrease of 2,021 from the previous week. There were 1,938,840 weekly claims filed for benefits in all programs in the comparable week in 2024.

No state was triggered "on" the Extended Benefits program during the week ending July 12.

Initial claims for UI benefits filed by former Federal civilian employees totaled 722 in the week ending July 19, a decrease of 67 from the prior week. There were 371 initial claims filed by newly discharged veterans, an increase of 69 from the preceding week.

There were 7,407 continued weeks claimed filed by former Federal civilian employees the week ending July 12, an increase of 181 from the previous week. Newly discharged veterans claiming benefits totaled 4,592, an increase of 113 from the prior week.

The highest insured unemployment rates in the week ending July 12 were in New Jersey (2.8), Puerto Rico (2.7), Rhode Island (2.6), Minnesota (2.2), California (2.1), District of Columbia (2.1), Massachusetts (2.1), Washington (2.1), Oregon (1.9), and Pennsylvania (1.9).

The largest increases in initial claims for the week ending July 19 were in Kentucky (+4,895), Texas (+424), Iowa (+298), Indiana (+5), and Vermont (+1), while the largest decreases were in New York (-12,505), California (-4,618), Michigan (-4,116), Pennsylvania (-3,350), and New Jersey (-2,655).

UNEMPLOYMENT INSURANCE DATA FOR REGULAR STATE PROGRAMS

WEEK ENDING	July 26	July 19	Change	July 12	Prior Year¹
Initial Claims (SA)	218,000	217,000	+1,000	221,000	248,000
Initial Claims (NSA)	193,119	216,023	-22,904	261,111	216,643
4-Wk Moving Average (SA)	221,000	224,500	-3,500	229,500	236,500

WEEK ENDING	July 19	July 12	Change	July 5	Prior Year¹
Insured Unemployment (SA)	1,946,000	1,946,000	0	1,951,000	1,874,000
Insured Unemployment (NSA)	2,015,675	2,006,603	+9,072	2,011,503	1,934,409
4-Wk Moving Average (SA)	1,949,250	1,951,750	-2,500	1,956,250	1,862,250
Insured Unemployment Rate (SA) ²	1.3%	1.3%	0.0	1.3%	1.2%
Insured Unemployment Rate (NSA) ²	1.3%	1.3%	0.0	1.3%	1.3%

INITIAL CLAIMS FILED IN FEDERAL PROGRAMS (UNADJUSTED)

WEEK ENDING	July 19	July 12	Change	Prior Year¹
Federal Employees (UCFE)	722	789	-67	387
Newly Discharged Veterans (UCX)	371	302	+69	375

CONTINUED WEEKS CLAIMED FILED FOR UI BENEFITS IN ALL PROGRAMS (UNADJUSTED)

WEEK ENDING	July 12	July 5	Change	Prior Year¹
Regular State	1,999,701	2,005,736	-6,035	1,907,619
Federal Employees	7,407	7,226	+181	4,659
Newly Discharged Veterans	4,592	4,479	+113	4,556
Extended Benefits ³	81	45	+36	278
State Additional Benefits ⁴	2,664	2,608	+56	2,199
STC / Workshare ⁵	22,969	19,341	+3,628	19,529
TOTAL	2,037,414	2,039,435	-2,021	1,938,840

FOOTNOTES

SA - Seasonally Adjusted Data, NSA - Not Seasonally Adjusted Data Continued weeks claimed represent all weeks of benefits claimed during the week being reported, and do not represent weeks claimed by unique individuals.

1. Prior year is comparable to most recent data.
2. Most recent week used covered employment of 152,830,813 as denominator.
3. Information on the EB program can be found here: [EB Program information](#)
4. Some states maintain additional benefit programs for those claimants who exhaust regular benefits, and when applicable, extended benefits. Information on states that participate, and the extent of benefits paid, can be found starting on page 4-5 of this link: [Extensions and Special Programs PDF](#)
5. Information on STC/Worksharing can be found starting on page 4-11 of the following link: [Extensions and Special Programs PDF](#)

Advance State Claims - Not Seasonally Adjusted

STATE	Initial Claims Filed During Week Ended July 26			Insured Unemployment For Week Ended July 19		
	Advance	Prior Wk	Change	Advance	Prior Wk	Change
Alabama	1,912	2,321	-409	9,413	10,854	-1,441
Alaska	468	467	1	3,424	3,507	-83
Arizona	3,479	3,722	-243	31,995	33,314	-1,319
Arkansas	1,191	1,437	-246	8,001	9,146	-1,145
California	40,992	41,762	-770	400,505	385,838	14,667
Colorado	2,609	2,715	-106	32,219	31,363	856
Connecticut	2,904	3,004	-100	30,887	29,879	1,008
Delaware	241	259	-18	6,283	6,045	238
District of Columbia	776	880	-104	13,057	11,763	1,294
Florida	4,928	6,331	-1,403	35,246	37,226	-1,980
Georgia	4,646	6,780	-2,134	27,648	31,498	-3,850
Hawaii	887	941	-54	6,008	5,973	35
Idaho	788	862	-74	5,256	5,863	-607
Illinois	10,141	10,762	-621	106,284	106,118	166
Indiana	2,353	3,264	-911	20,329	21,812	-1,483
Iowa	2,034	2,082	-48	9,667	9,283	384
Kansas	1,459	1,340	119	10,532	8,882	1,650
Kentucky	1,667	7,868	-6,201	12,297	10,574	1,723
Louisiana	1,749	1,827	-78	10,514	12,082	-1,568
Maine	372	440	-68	5,655	5,744	-89
Maryland	2,062	2,332	-270	29,753	29,575	178
Massachusetts	5,213	4,627	586	76,019	76,552	-533
Michigan	5,768	6,654	-886	52,413	57,332	-4,919
Minnesota	3,607	3,883	-276	65,640	63,747	1,893
Mississippi	866	895	-29	8,382	9,148	-766
Missouri	2,393	2,834	-441	21,537	22,597	-1,060
Montana	347	382	-35	4,419	4,570	-151
Nebraska	577	688	-111	5,997	6,338	-341
Nevada	2,960	3,021	-61	26,056	24,582	1,474
New Hampshire	326	477	-151	3,853	4,551	-698
New Jersey	8,905	9,369	-464	116,938	116,144	794
New Mexico	762	814	-52	11,020	10,924	96
New York	14,077	15,385	-1,308	166,576	165,720	856
North Carolina	3,129	3,330	-201	22,167	22,668	-501
North Dakota	292	406	-114	2,972	3,835	-863
Ohio	5,150	5,227	-77	49,301	52,141	-2,840
Oklahoma	1,356	1,479	-123	11,888	11,902	-14
Oregon	4,558	4,570	-12	39,261	37,313	1,948
Pennsylvania	9,408	10,328	-920	111,386	111,878	-492
Puerto Rico	1,370	1,868	-498	24,383	24,964	-581
Rhode Island	819	915	-96	12,421	12,799	-378
South Carolina	1,847	2,518	-671	17,095	18,109	-1,014
South Dakota	182	142	40	1,329	1,318	11
Tennessee	2,697	2,959	-262	19,858	21,095	-1,237
Texas	16,337	18,638	-2,301	182,052	177,422	4,630
Utah	1,133	1,396	-263	11,878	11,997	-119
Vermont	462	220	242	2,770	2,554	216
Virgin Islands	21	24	-3	314	242	72
Virginia	2,473	2,600	-127	23,111	21,308	1,803
Washington	4,835	5,025	-190	77,352	73,647	3,705
West Virginia	666	813	-147	7,353	7,500	-147
Wisconsin	2,701	2,879	-178	23,099	23,635	-536
Wyoming	224	261	-37	1,862	1,732	130
US Total	193,119	216,023	-22,904	2,015,675	2,006,603	9,072

Note: Advance claims are not directly comparable to claims reported in prior weeks. Advance claims are reported by the state liable for paying the unemployment compensation, whereas previous weeks reported claims reflect claimants by state of residence. In addition, claims reported as "workshare equivalent" in the previous week are added to the advance claims as a proxy for the current week's "workshare equivalent" activity.

Seasonally Adjusted US Weekly UI Claims (in thousands)

Week Ending	Initial Claims	Change from		Insured Unemployment	Change from		IUR
		Prior Week	4-Week Average		Prior Week	4-Week Average	
July 20, 2024	236	-4	234.00	1,874	21	1,862.25	1.2
July 27, 2024	248	12	236.50	1,876	2	1,867.25	1.2
August 3, 2024	234	-14	239.50	1,863	-13	1,866.50	1.2
August 10, 2024	228	-6	236.50	1,859	-4	1,868.00	1.2
August 17, 2024	232	4	235.50	1,864	5	1,865.50	1.2
August 24, 2024	232	0	231.50	1,849	-15	1,858.75	1.2
August 31, 2024	228	-4	230.00	1,845	-4	1,854.25	1.2
September 7, 2024	230	2	230.50	1,827	-18	1,846.25	1.2
September 14, 2024	222	-8	228.00	1,831	4	1,838.00	1.2
September 21, 2024	221	-1	225.25	1,825	-6	1,832.00	1.2
September 28, 2024	227	6	225.00	1,858	33	1,835.25	1.2
October 5, 2024	259	32	232.25	1,869	11	1,845.75	1.2
October 12, 2024	240	-19	236.75	1,884	15	1,859.00	1.2
October 19, 2024	228	-12	238.50	1,855	-29	1,866.50	1.2
October 26, 2024	218	-10	236.25	1,880	25	1,872.00	1.2
November 2, 2024	221	3	226.75	1,872	-8	1,872.75	1.2
November 9, 2024	219	-2	221.50	1,892	20	1,874.75	1.2
November 16, 2024	216	-3	218.50	1,892	0	1,884.00	1.2
November 23, 2024	216	0	218.00	1,871	-21	1,881.75	1.2
November 30, 2024	225	9	219.00	1,873	2	1,882.00	1.2
December 7, 2024	239	14	224.00	1,862	-11	1,874.50	1.2
December 14, 2024	222	-17	225.50	1,882	20	1,872.00	1.2
December 21, 2024	219	-3	226.25	1,828	-54	1,861.25	1.2
December 28, 2024	209	-10	222.25	1,871	43	1,860.75	1.2
January 4, 2025	205	-4	213.75	1,850	-21	1,857.75	1.2
January 11, 2025	217	12	212.50	1,888	38	1,859.25	1.2
January 18, 2025	222	5	213.25	1,849	-39	1,864.50	1.2
January 25, 2025	210	-12	213.50	1,874	25	1,865.25	1.2
February 1, 2025	222	12	217.75	1,839	-35	1,862.50	1.2
February 8, 2025	215	-7	217.25	1,861	22	1,855.75	1.2
February 15, 2025	224	9	217.75	1,847	-14	1,855.25	1.2
February 22, 2025	243	19	226.00	1,892	45	1,859.75	1.2
March 1, 2025	224	-19	226.50	1,851	-41	1,862.75	1.2
March 8, 2025	223	-1	228.50	1,881	30	1,867.75	1.2
March 15, 2025	225	2	228.75	1,847	-34	1,867.75	1.2
March 22, 2025	225	0	224.25	1,893	46	1,868.00	1.2
March 29, 2025	219	-6	223.00	1,844	-49	1,866.25	1.2
April 5, 2025	224	5	223.25	1,878	34	1,865.50	1.2
April 12, 2025	216	-8	221.00	1,833	-45	1,862.00	1.2
April 19, 2025	223	7	220.50	1,908	75	1,865.75	1.3
April 26, 2025	241	18	226.00	1,872	-36	1,872.75	1.2
May 3, 2025	229	-12	227.25	1,877	5	1,872.50	1.2
May 10, 2025	228	-1	230.25	1,893	16	1,887.50	1.2
May 17, 2025	226	-2	231.00	1,907	14	1,887.25	1.3
May 24, 2025	239	13	230.50	1,902	-5	1,894.75	1.2
May 31, 2025	248	9	235.25	1,951	49	1,913.25	1.3
June 7, 2025	250	2	240.75	1,937	-14	1,924.25	1.3
June 14, 2025	246	-4	245.75	1,964	27	1,938.50	1.3
June 21, 2025	237	-9	245.25	1,956	-8	1,952.00	1.3
June 28, 2025	232	-5	241.25	1,954	-2	1,952.75	1.3
July 5, 2025	228	-4	235.75	1,951	-3	1,956.25	1.3
July 12, 2025	221	-7	229.50	1,946	-5	1,951.75	1.3
July 19, 2025	217	-4	224.50	1,946	0	1,949.25	1.3
July 26, 2025	218	1	221.00				

STATE NAME	INITIAL CLAIMS FILED DURING WEEK ENDED JULY 19					INSURED UNEMPLOYMENT FOR WEEK ENDED JULY 12						
	STATE	CHANGE FROM		UCFE ¹	UCX ¹	STATE	(%) ²	CHANGE FROM		UCFE ¹	UCX ¹	TOTAL INSURED UNEMPLOYMENT
		LAST WEEK	YEAR AGO					LAST WEEK	YEAR AGO			
Alabama	2,321	-684	-121	7	2	10,854	0.5	97	-22	49	21	10,924
Alaska	467	-28	-10	0	1	3,507	1.1	-65	3	25	3	3,535
Arizona	3,722	-957	-662	9	1	33,314	1.0	-71	679	148	44	33,506
Arkansas	1,437	-241	-181	1	1	9,146	0.7	-117	11	22	10	9,178
California	41,762	-4,618	-70	77	84	385,838	2.1	-11,291	-13,405	929	1,071	387,838
Colorado	2,715	-348	396	1	14	31,363	1.1	395	5,024	93	183	31,639
Connecticut	3,004	-597	-128	4	0	29,879	1.8	-1,075	292	41	45	29,965
Delaware	259	-106	-194	4	2	6,045	1.3	41	356	18	5	6,068
District of Columbia	880	-158	225	63	0	11,763	2.1	247	5,170	1,233	9	13,005
Florida	6,331	-1,004	-728	23	29	37,226	0.4	-2,218	-3,893	156	91	37,473
Georgia	6,780	-631	805	34	18	31,498	0.7	-640	99	271	82	31,851
Hawaii	941	-167	9	3	10	5,973	1.0	-66	3	45	33	6,051
Idaho	862	-322	103	0	0	5,863	0.7	-98	695	10	9	5,882
Illinois	10,762	-1,022	2,353	6	4	106,118	1.8	4,395	5,726	372	122	106,612
Indiana	3,264	5	219	2	4	21,812	0.7	414	-1,410	43	21	21,876
Iowa	2,082	298	-87	4	4	9,283	0.6	-2,094	-889	18	5	9,306
Kansas	1,340	-288	327	1	2	8,882	0.6	231	1,942	19	20	8,921
Kentucky	7,868	4,895	6,083	5	0	10,574	0.5	-453	-693	38	34	10,646
Louisiana	1,827	-250	-112	3	0	12,082	0.6	-196	-2,370	36	9	12,127
Maine	440	-130	21	0	1	5,744	0.9	-150	923	26	9	5,779
Maryland	2,332	-305	-167	179	8	29,575	1.1	286	4,068	351	81	30,007
Massachusetts	4,627	-689	25	0	0	76,552	2.1	-610	12,975	111	61	76,724
Michigan	6,654	-4,116	-3,968	4	4	57,332	1.3	7,212	1,323	87	32	57,451
Minnesota	3,883	-1,377	689	2	2	63,747	2.2	-4,182	6,481	62	45	63,854
Mississippi	895	-689	-262	1	1	9,148	0.8	-21	-299	44	11	9,203
Missouri	2,834	-2,021	-44	1	4	22,597	0.8	361	741	53	15	22,665
Montana	382	-97	-27	3	0	4,570	0.9	-261	292	31	14	4,615
Nebraska	688	-470	23	3	1	6,338	0.6	-227	825	20	7	6,365
Nevada	3,021	-1,469	130	2	0	24,582	1.6	4,559	-846	31	45	24,658
New Hampshire	477	-65	108	3	0	4,551	0.7	166	980	4	2	4,557
New Jersey	9,369	-2,655	558	27	16	116,144	2.8	-1,277	1,944	207	273	116,624
New Mexico	814	-164	-48	0	1	10,924	1.3	-11	345	120	21	11,065
New York	15,385	-12,505	-160	24	8	165,720	1.7	-194	5,588	313	195	166,228
North Carolina	3,330	-438	55	2	2	22,668	0.5	-554	858	67	81	22,816
North Dakota	406	-110	133	11	0	3,835	0.9	-144	465	147	4	3,986
Ohio	5,227	-1,860	-2,542	6	10	52,141	1.0	255	5,624	115	75	52,331
Oklahoma	1,479	-65	242	8	8	11,902	0.6	-158	646	32	35	11,969
Oregon	4,570	-1,060	1,211	3	3	37,313	1.9	-497	9,028	121	38	37,472
Pennsylvania	10,328	-3,350	-283	15	5	111,878	1.9	-674	3,595	281	108	112,267
Puerto Rico	1,868	-587	-307	8	3	24,964	2.7	457	2,538	168	40	25,172
Rhode Island	915	-226	220	3	0	12,799	2.6	-183	1,607	25	19	12,843
South Carolina	2,518	-696	-493	4	6	18,109	0.8	-863	383	47	39	18,195
South Dakota	142	-69	-13	19	1	1,318	0.3	-79	3	138	3	1,459
Tennessee	2,959	-654	-1,293	7	4	21,095	0.7	153	-3,599	55	37	21,187
Texas	18,638	424	-13,047	72	78	177,422	1.3	6,263	23,192	653	957	179,032
Utah	1,396	-76	90	11	1	11,997	0.7	-67	814	51	19	12,067
Vermont	220	1	-18	1	0	2,554	0.8	-223	230	0	0	2,554
Virgin Islands	24	-6	-15	0	0	242	0.7	-102	-56	4	0	246
Virginia	2,600	-846	555	36	3	21,308	0.6	248	4,587	163	84	21,555
Washington	5,025	-1,160	1,116	12	20	73,647	2.1	-559	13,043	232	396	74,275
West Virginia	813	-154	108	0	2	7,500	1.1	-22	-96	26	9	7,535
Wisconsin	2,879	-1,117	-674	7	3	23,635	0.8	-1,256	-3,213	48	19	23,702
Wyoming	261	-64	18	1	0	1,732	0.6	18	221	8	1	1,741
Totals	216,023	-45,088	-9,832	722	371	2,006,603	1.3	-4,900	92,528	7,407	4,592	2,018,602

Figures appearing in columns showing over-the-week changes reflect all revisions in data for prior week submitted by state agencies.

1. The Unemployment Compensation program for Federal Employees (UCFE) and the Unemployment Compensation for Ex-servicemembers (UCX) exclude claims filed jointly under other programs to avoid duplication.
2. Rate is not seasonally adjusted. The source of U.S. total covered employment is BLS.

UNADJUSTED INITIAL CLAIMS FOR WEEK ENDED JULY 19, 2025

STATES WITH AN INCREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
KY	+4,895	Layoffs in the manufacturing industry.

STATES WITH A DECREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
NY	-12,505	Fewer layoffs in transportation and warehousing, health care and social assistance, and in accommodation and food services industries.
CA	-4,618	No comment.
MI	-4,116	Fewer layoffs in manufacturing industry.
PA	-3,350	Fewer layoffs in administrative and support and waste management and remediation services; transportation and warehousing; accommodation and food services; and in professional, scientific, and technical services industries.
NJ	-2,655	No comment.
MO	-2,021	Fewer layoffs in manufacturing, accommodation and food services, and in transportation and warehousing industries.
OH	-1,860	Fewer layoffs in the manufacturing industry.
NV	-1,469	No comment.
MN	-1,377	No comment.
WA	-1,160	No comment.
WI	-1,117	Fewer layoffs in the manufacturing industry.
OR	-1,060	No comment.
IL	-1,022	No comment.
FL	-1,004	Fewer layoffs in agriculture, forestry, fishing and hunting; construction; manufacturing; wholesale trade; and in retail trade industries.

TECHNICAL NOTES

This news release presents the weekly unemployment insurance (UI) claims reported by each state's unemployment insurance program offices. These claims may be used for monitoring workload volume, assessing state program operations and for assessing labor market conditions. States initially report claims directly taken by the state liable for the benefit payments, regardless of where the claimant who filed the claim resided. These are the basis for the advance initial claims and continued claims reported each week. These data come from ETA 538, Advance Weekly Initial and Continued Claims Report. The following week initial claims and continued claims are revised based on a second reporting by states that reflect the claimants by state of residence. These data come from the ETA 539, Weekly Claims and Extended Benefits Trigger Data Report.

A. Initial Claims

An initial claim is a claim filed by an unemployed individual after a separation from an employer. The claimant requests a determination of basic eligibility for the UI program. When an initial claim is filed with a state, certain programmatic activities take place and these result in activity counts including the count of initial claims. The count of U.S. initial claims for unemployment insurance is a leading economic indicator because it is an indication of emerging labor market conditions in the country. However, these are weekly administrative data which are difficult to seasonally adjust, making the series subject to some volatility.

B. Continued Weeks Claimed

A person who has already filed an initial claim and who has experienced a week of unemployment then files a continued claim to claim benefits for that week of unemployment. On a weekly basis, continued claims are also referred to as insured unemployment, as continued claims reflect a good approximation of the current number of insured unemployed workers filing for UI benefits. The count of U.S. continued weeks claimed is also a good indicator of labor market conditions. While continued claims are not a leading indicator (they roughly coincide with economic cycles at their peaks and lag at cycle troughs), they provide confirming evidence of the direction of the U.S. economy.

C. Seasonal Adjustments and Annual Revisions

Over the course of a year, the weekly changes in the levels of initial claims and continued claims undergo regularly occurring fluctuations. These fluctuations may result from seasonal changes in weather, major holidays, the opening and closing of schools, or other similar events. Because these seasonal events follow a more or less regular pattern each year, their influence on the level of a series can be tempered by adjusting for regular seasonal variation. These adjustments make trend and cycle developments easier to spot. At the beginning of each calendar year, the Bureau of Labor Statistics provides the Employment and Training Administration (ETA) with a set of seasonal factors to apply to the unadjusted data during that year. Concurrent with the implementation and release of the new seasonal factors, ETA incorporates revisions to the UI claims historical series caused by updates to the unadjusted data. For further questions on the seasonal adjustment methodology, please see the [official release page for the UI claims seasonal adjustment factors](#) or contact BLS directly through the [Local Area Unemployment Statistics web contact form](#).

[Weekly Claims Archives](#) [Weekly Claims Data](#)

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